

The Healing Arts of Tibet: Health for the Mind and Body

"Tibetan medicine can offer preventive care and treatment for some disorders, especially psychiatric and chronic disorders, for which western medicine fails."

Dr. Tsering Youdon Tibetan Medical and Astrological Institute, Dharamsala, India

Ms. Sonam Tsamchoe Tibetan Medical and Astrological Institute, Dharamsala, India

Mrs. Sonam Chodon Administrative Assistant

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Mr. Pema Tharchin Administrative Assistant

Thursday, October 25, 2018 12:30 to 1:45 p.m. La Salle Union, Dunleavy Room

Co-sponsored by the School of Nursing and Health Sciences, and Leadership and Global Understanding

DR. TSERING YOUDON

Tibetan Medical and Astrological Institute, Dharamsala, India

Dr. Tsering Youdon was born on October 19, 1987 in Bylakuppe, Karnataka State. She completed her Secondary and Higher Secondary Education from S.O. Tibetan Childrens Village,



Bylakuppe from 1996 to 2006. She then completed her Tibetan medical studies from 2007 to 2013. After graduation, she served at our branch clinic in Bhubaneshwar, Orissa until 2015. Thereafter she was transferred as the resident doctor at our branch clinic in Chennai and is still serving there.

SONAM TSAMCHOE

Tibetan Medical and Astrological Institute, Dharamsala, India

Sonam Tsamchoe was born on January 29, 1985 in Mundgod, Karnataka State. She completed her Class XII from Central School for Tibetans, Herbertpur, Dehradun in 2005.



She studied Tibetan Astro-Science in Men-Tsee-Khang from 2008 to 2012. She underwent her one year internship in 2013. Since 2014, she is working as a Tibetan Astro-Science Practitioner in the Astro Department in Dharamsala. She has also conducted oral-astro consultations to interested individuals and participated in several medical and astro health camps.



DRP

Event is free and open to the public.

For details, please contact Cornelia Tsakiridou at 215.951.1558, 215.951.1221, or tsakirid@lasalle.edu.