Buddha's Mantra

To create safety and overcome fear

OM MUNI MUNI MAHA MUNIYE SOHA



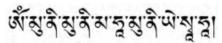
OM - The All-Knowledge of the three bodies of a buddha and of the infinite Buddha's Holy Body, Speech and Mind. The knowledge of the two paths to enlightenment (Method and Wisdom), and of the two truths (Absolute and relative) that contain all existence within them.

MUNI - Control over the suffering of the three lower realms and over the wrong conception of the self-existent I.

MUNI - Control over the suffering of all samsara and over self-cherishing thoughts.

MAHA MUNIYE - Great control over the suffering of subtle illusions and over the dualistic mind.

SOHA - May my mind receive, absorb and keep the blessings of the mantra, and may they take root



www.tibetanbuddhist.org/shakyamuni-buddha

Thank you for joining our Prayers for Peace event as a part of Peace Day Philly!



The Chenrezig Tibetan Buddhist Center of Philadelphia (CTBC) was founded in 1991 as a non-sectarian, non-profit organization, open to Buddhists and non-Buddhists alike.

The main goal of our Center is to

cultivate compassion and loving-kindness, based on the philosophy and methods taught by His Holiness the 14th Dalai Lama, Tenzin Gyatso.

Losang Samten (above) is the Founder and Spiritual Director of the Chenrezig Tibetan Buddhist Center. He is an accomplished Tibetan scholar and former Buddhist monk and continues to bring his warm and open hearted nature, deep understanding of Tibetan Buddhism, and fascinating personal experiences and practice to the Chenrezig Tibetan Buddhist Center of Philadelphia.

Interested in learning more? Join us for our weekly and upcoming events:

Weekly Sangha – Sundays 9:30a-11:30a Green Tara Practice – Tuesdays 6:30p-8p Tonglen Teaching – Saturday Oct. 6 10a-1p Tara Sand Mandala – Oct. 7-14 (Times TBD) Tibetan Medicine – Sunday 10/28 10a-12p

Padmasambhava Mantra

To remove obstacles and create a field of protection

OM AH HUNG BENZA GURU PEME SIDDHI HUNG



OM AH HUNG purify obscurations arising from the three mental poisons -- desire-attachment, aversion, and ignorance

BENZA purifies obscurations which stem from anger GURU purifies obscurations which stem from pride PEMA purifies obscurations which stem from desire and attachment

SIDDHI purifies obscurations which stem from envy and jealousy

HUNG in a general way purifies obscurations which stem from all emotional afflictions



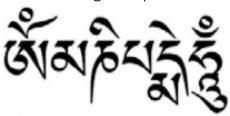
www.tibetanbuddhist.org/padmasambhaya

Chenrezig Mantra Peace through compassion

OM MANI PADME HUNG



OM is the antidote of ignorance
MA is the antidote of hatred
NI is the antidote of miserliness
PAD is the antidote of attachment
ME is the antidote of jealousy
HUNG is the antidote of negative pride



www.tibetanbuddhist.org/chenrezig

Tara Mantra - wish fulfilling

OM TARE TUTTARE TURE SOHA



OM – Tara's enlightened body, speech and mind TARE – Liberation from true suffering, the suffering of samsara

TUTTARE – Liberation from fear and delusion TURE – Tara is willing to provide all that is required to become free from suffering

SOHA – may the meaning of the mantra take root in my mind



https://www.tibetanbuddhist.org/green-tara

Medicine Buddha Mantra Healing Yourself & Others

TAYATA OM BHEKANDZE BHEKANDZE MAHA BHEKANDZE RANDZA SAMUNGATE SOHA



TAYATA - Gone beyond (beyond Samsara and Nirvana)
OM - jewel holder, wish fulfilling one, auspicious one
BHEKANDZE BHEKANDZE - calling Medicine Buddha twice
MAHA BHEKANDZE - Greatness of Medicine Buddha
RANDZA SAMUNGATE - Perfectly liberated or awakened
SOHA - Dissolve in me

Vajrasattva Mantra – Purification

OM VAJRASATTVA SAMAYA TENOPA
TISHTHA DRIDHO ME BHAWA
SUTOKHAYO ME BHAWA
SUPOKHAYO ME BHAWA
ANURAKTO ME BHAWA
SARWA SIDDHI ME PRAYACCHA
SARWA KARMA SU TSA ME
TSITTAM SHREYANG KURU HUNG
HA HA HA HA HO BHAGAWAN
SARWA TATHAGATA
VAJRA MA ME MUNCA
VAJRA BHAWA MAHA SAMAYASATTVA
AH HUM PHEH

